University Standing Committee on Admissions (Undergraduate)

Tuesday, November 30, 2021

Zoom

Meeting ID: 919 513 2881 Passcode: Morant

Agenda

I. <u>Welcome</u>

- II. Approval of prior meeting minutes
- III. Review process for evaluating and voting on appeals
 - A. Group walkthroughs
 - B. Q&A
- IV. Open Discussion / Topics to discuss at subsequent meetings
- V. Tentative Meeting: Thursday, January 6, 2-3pm

Hold for group review session as needed for lingering appeals or questions prior to deadline.

Important Dates:

Term	Appeal Available	Appeal Deadline*	Notification Date
Spring 2022	September 13, 2021	January 6, 2022	January 7, 2022
Summer I 2022	September 13, 2021	May 16, 2022	May 17, 2022
Summer II 2022**	September 13, 2021	June 23, 2022	June 24, 2022

These dates are subject to change. Decisions may be returned prior to the final Notification Date. *Deadline for students appealing for continuation eligibility. Students appealing for financial aid eligibility only are encouraged to submit the appeal prior to the first day of class for the appeal term.

International Students appealing for Fall eligibility should submit appeals by the Summer II deadline.

**Summer Appeals: Students may only submit one appeal for Summer. Students who appeal by the Summer I deadline may enroll in any Summer term.

A list of mental health resources

Mental Health and Substance Use Recovery Resources

NC State Resources

NC State Counseling Center

<u>http://ncsu.rints.com/</u> - Link on NC State's Counseling Center website where students can search for providers outside of NC State with a variety of possible filters. Also includes plethora of mental health resources outside of NC State.

- NC State Student Health Services
- NC State CARES website and referrals
- NC State Disability Resource Office
- NC State Protect the Pack –all NC State information pertaining to COVID-19
- NC State Suicide Prevention Services
- QPR Training (Question, Persuade, Refer) for suicide prevention
- NC State Mental Health First Aid training
- NC State Pack Recovery recovery community
- <u>NC State Drop-in Spaces for support</u> (for variety of issues)
- NC State Women's Center
- NC State GLBT Center

Other Resources

- · Emergency Medical Services 911, or visit the nearest hospital emergency room
- National Suicide Prevention Resource Center Lifeline (24/7) 1-800-273-TALK (8255) or https://suicidepreventionlifeline.org/chat/ for online chat
- · National Hopeline Network (24/7) 1-800-SUICIDE (784-2433)
- <u>Crisis Text Line</u> offers support via text (Text HOME to 741-741)
- Substance Abuse and Mental Health Services Administration (SAMHSA) Treatment Referral Helpline (Monday - Friday, 8 am to 8 pm ET) - 1-877-SAMHSA (726-4727)

 National Association of Mental Illness (NAMI) 1-800-950-6264 or https://www.nami.org/Home

 InterAct Domestic Violence and Sexual Assault Services Crisis Line of Wake County -919-828-7740

• <u>National Eating Disorders Association Helpline</u> (Monday through Thursday, 9 am to 9 pm EST; Friday, 9 am to 5 pm ET; excluding holidays)- 1-800-931-2237

- · IMAlive Online Crisis Network <u>https://www.imalive.org/</u> for online chat
- · <u>Wake County Crisis & Assessment Local Resources</u> (walk-in services available
- <u>http://crisissolutionsnc.org/</u> Crisis resources listed for all 100 NC Counties

• Faces and Voices of Recovery; <u>https://facesandvoicesofrecovery.org/</u> - national association for community recovery organizations where you can search for services by location

Depression and Bipolar Support Alliance - <u>https://www.dbsalliance.org/?cvridirect=true</u>

• National Institute on Alcohol Abuse and Alcoholism (NIAA) https://alcoholtreatment.niaaa.nih.gov

Clinicians of Color - <u>https://www.cliniciansofcolor.org/?</u>
<u>fbclid=lwAR0uZidna9E5isghixhWTMrd07U3G766Ns5v7FjKA_sPuBPQpjPtL0</u>
<u>0YsS0</u>

- · Alcoholics Anonymous https://www.aa.org
- Narcotics Anonymous <u>https://www.na.org</u>
- · Inclusive Therapists https://www.inclusivetherapists.com
- · Melanin and Mental Health <u>https://www.melaninandmentalhealth.com</u>

 National Queer and Trans Therapists of Color Network -<u>https://www.nqttcn.com/directory</u>

- Black Therapists Rock
- Find a Psychologist

- · Good Therapy
- Online Counseling Directory
- · <u>Open Path Collective</u> (reduced rate)
- Therapy for Black Men
- <u>Therapy for Latinx</u>
- Asian Mental Health Directory
- · <u>Psychology Today</u> treatment finder
- Therapy Den
- <u>Therapy Route</u> (international therapists)