

## Council on Undergraduate Education 2021-2022

August 27, 2021 Meeting hosted via Zoom 1:30pm-3:00pm

## Call to Order 1:30pm

- > Welcome and Introductions Chair Darby Orcutt
- Remarks and Updates from OUCCAS/DASA and USDEI update
- Establish Quorum
- > Approval of CUE May 7, 2021 Minutes

### **New Business**

Review Courses for GEP				
Presenter	Reviewers	GEP Category Under review	GEP Action	Notes
Domingue	Xiang, Russo, McGowan	HES	HESO 283 : Mountaineering	Revisions: Delivery, Hours, Length, Catalog Description, Objectives/Goals, SLO, Student Eval
Pacifici	Provost, Miller, El- Shafei	IP	PRT 203 / IDS 203 / NR 203 : Humans and the Environment	Revisions: Prefix, Number, Abbr. Title, Acad Org Code, Offering, Delivery, Length, Delivery Format, Course Restrictions, Catalog Description, Objectives/Goals, SLO, Student Eval

Discussion: Nominations for Chair-Elect. USDEI Outcomes (CHASS).

### Notes:

- All linked course actions are viewable in CIM.
- To view actions, please click on the hyperlink. You may need to use your Unity ID to log in.
- If you experience issues logging in, please go to <a href="https://next-catalog.ncsu.edu/courseadmin/">https://next-catalog.ncsu.edu/courseadmin/</a> and type the course prefix and number into the search bar.



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## Council on Undergraduate Education 2020-2021

May 7<sup>th</sup>, 2021 **Meeting hosted via Zoom** 1:31pm-3:03pm

**Members Present:** Chair Carrie Pickworth, Kimberly Bush, Qiuyun (Jenny) Xiang, David Gilmartin, Jillian Haeseler, Steven Miller, Nancy Moore, Tamah Morant, Herle McGowan, Alice Lee, Peggy Domingue, Travis Park, Chad Jordan, Dan Monek (AB Proxy), Kristin Thoney-Barletta (HH Proxy), Autumn Mist Belk (attended)

Members Absent: Helmut Hergeth, Darby Orcutt, Carolina Gill,

Guests: Paige Averett, Daniel Gruehn, Michael Domeracki, Elizabeth Fath, Jane Lubischer, Jennifer Fendrich, Jason DeRousie

Ex-Officio Members Present: Lexi Hergeth, Li Marcus, Julia Law, Stephany Dustan, Bret Smith, John Harrington

#### WELCOME AND INTRODUCTIONS

- Remarks from Chair Carrie Pickworth Welcomed the committee and asked or guests and proxies to introduce themselves
- Remarks and Updates from OUCCAS/DASA Thanked the committee for their work on this committee and gave a quick update about the catalog pages. An email will be out this week and CIM for Programs is now live. Bret and Lexi echoed the thanks for the committee members and first adaptors.
- Approval of the Minutes from April 23<sup>rd</sup>, 2021 –Approved (one abstention) Discussion: Member Jillian Haeseler motioned to approve.

### **OLD BUSINSS**

WGS 200 Introduction to Women's, Gender, and Sexuality Studies (USD) – <u>Approved</u> Discussion: This course was presented by Jillian Haeseler who brought attention to the updates made for the course.

#### **NEW BUSINESS**

### Consent Agenda – Approved (9 Yes, 1 No, 3 Abstain)

Discussion: The consent agenda was presented by Peggy Domingue. Member asked if this was the same course from last summer and asked why the committee would have to approve it. Li explained that all Special Topic GEP offerings must be approved by CUE. Member asked if the topic has changed, but the objective's and measures have not changed. Member indicated there is no new information about the new topic, but questioned the procedural question. Members discussed the two versions of IP courses, which this course is serving the broad survey of these courses and likely still collecting commitments from the various faculty that will serve in this course. Member indicated when the course was approved before it was also done at the last meeting and needed an additional vote outside of the meeting and asked if this will continue to be a course needing last minute approval or if there is a procedural change planned for the future. Bret Smith assured the committee that the instructor is working to make this a permanent offering.

Bret also complimented the collegial nature of both committees.

Member asked if there could be more information about the topic so as not to approve the course blindly. Guest Jane Lubischer indicated they are still recruiting faculty so there is a limit to detail, however she assured the committee the approach to the topics and the general topics covered are not changing from what is indicated.

#### Courses New to GEP

PSY 432 Human Sexuality and Intimate Relationships (IP, SS) – <u>Approved</u>

Discussion: This new course was presented by Jillian Haeseler and guest Daniel Gruehn was introduced as the course instructor. Members complimented the course, the brought attention to a confusion about the term "(Sociology)" in the first measure for the IP objective and asked if this links to the question before, or the statement after the term. Daniel provided an explanation that the terms in parentheticals were linked to the statements before. The members were satisfied with the explanation.

- SLC 202/EI 202 CREATE: Carolina Regional Entrepreneurship Albright Team Experience I (IP) Approved Discussion: This new course was presented by Peggy Domingue. Member asked if instructor approval is required who is the course opened to? Guest Michael Domeracki indicated this was part of a larger program and would require a request to the instructor to ensure the students will benefit from the course.
- > SW 307 Social Welfare Policy: Analysis and Advocacy (SS, USD) Approved

Discussion: This course was presented by Jillian Haeseler. Member asked if the assignment is one assignment or multiple, guest Paige Averatt explained this is one assignment, however the full assignment is not outlined in the GEP components, only the parts relevant to the GEP were highlighted. Reviewers confirmed their approval for the course.

SW 310 Human Behavior Theory for Social Work Practice (SS, USD) – Approved (One abstention) Discussion: This course was presented by Jillian Haeseler. Reviewers indicated their approval.

### Review Courses for GEP

- ENG 339 Literature and Technology (HUM) <u>Approved</u> Discussion: This course was presented by David Gilmartin. Reviewers indicated their approval.
- ENG 341 Literature and Science (HUM) <u>Approved (one abstention)</u> Discussion: This course was presented by David Gilmartin. Reviewers indicated their approval. Members and Li clarified that the course will remain for IP since no information has changed in that category and was approved for the updates made to the HUM category.
- HESS 230 Pilates (HES) <u>Approved</u> Discussion: This course was presented by Peggy Domingue. Reviewers indicated their approval.

Discussion: Members discussed the CUE Recommendations for USD Requirements

This document provided a summary of past discussions including the vote from the 23 April 2021 CUE meeting. Members indicated they preferred the first of the two versions for Objectives 3, which the office of assessment indicated these are two objectives and there could be a situation in which the outcome doesn't meet both of the objectives. The Objective being discussed is this: Interpret and examine social actions by and interactions between religious, gender, ethnic, racial, class, sexual orientation, disability, and/or age groups. Evaluate how these actions and interactions affect equality

ethnic, racial, class, sexual orientation, disability, and/or age groups. Evaluate how these actions and interactions affect equality and social justice in the U.S. and contribute to the creation of diverse, inclusive, and equitable organizations, communities, and/or societies.

Members discussed if this should have language such as 'and/or' for the three verbs which make the objective multifaceted. "Interpret and examine" and "Evaluate". The representative from the office of assessment provided an explanation as to why the other objectives are usually limited to one verb. Member asked if the first sentence should be removed, since an evaluation would include and examination and interpretation.

Members revised and indicated support for the objective to be written as such: Evaluate how social actions and interactions between religious, gender, ethnic, racial, class, sexual orientation, disability, and/or age groups affect equality and social justice in the U.S. and contribute to the creation of diverse, inclusive, and equitable organizations, communities, and/or societies.

Motion to amend this to replace "class" with socioeconomic status, add citizenship status and gender identity. Members discussed the definition of "class" having a huge and wide usage in history and universal usage. This has been used as an indication of behavior, but has also been associated with birth status. Members indicated using both. Motion amended to include both class and socioeconomic status in addition to citizenship status, gender identity, and sextual orientation.

Members voted to include the various terms discussed, motion approved.

Member asked if there was broader language that could include the effect of having or not having the diverse inclusion. Members also suggested the list of and/ors maybe long which could confuse faculty. The committee gave an informal agreement to update the objective.

Suggestions to include a definition of diverse identities with the list at the beginning of the USDEI category to avoid a long list within the objective.

The definition would include religious, gender, gender identity, ethnic, racial, class, socioeconomic status, citizenship status, sexual orientation, disability, and/or age identities.

The newly revised option with all three objectives and definition:

Diverse identities include religious, gender, gender identity, ethnic, racial, class, socioeconomic status, citizenship status, sexual orientation, disability, and/or age identities.

a. Objective 1: Analyze how diverse identities shape and/or are shaped by cultural and societal influences.

b. Objective 2: Analyze the interrelationship and dynamics between historical, social, political, and/or economic processes and diversity, equality, and structured inequalities in the U.S.

c. Objective 3: Evaluate how social actions and interactions between diverse identities affect equality and social justice in the U.S.

Members discussed expanding the introduction with the provided definition which could be on the website as well as the CIM form.

Motion to approve the three objectives as written, all three being required, along with the definition in the introductory statement. <u>Motion Approved</u>

Chair complimented the committee for their dedication to this topic and Li thanked Carrie for her contribution.

Meeting adjourned at 3:0PM

Respectfully submitted by Lexi Hergeth

## HESO 283 Mountaineering Syllabus, Spring 2022

Instructor:	Dr. Tommy Holden
Office:	1172D Wellness and Recreation Center
Office phone:	N/A- Email is best
Email:	Tommy_Holden@ncsu.edu
Office hours:	M -11:30-12:30, by appointment and by email
Credit hours:	Two (2)
Class meeting:	Tuesday -12:50-2:40pm
Course prerequisites:	HESO 257, HESO 258
Course website:	https://wolfware.ncsu.edu/
Trip dates:	March 4, 2022- March 13, 2022

**Required Text:** Course packet: HESO<u>283 Mountaineering</u>, (2013). The course pack is available at the NCSU bookstore (approximately \$10) or available for free download at the course website.

Optional Text: Linxweiler, E. & Maude, M. (Eds.). (2017). <u>Mountaineering: The Freedom of the Hills</u> (9<sup>th</sup> ed.). Seattle: The Mountaineers. \$34.95.

**Course Description:** Instruction and experience in alpine climbing skills emphasizing snow and ice travel, safety, land navigation, winter hazard evaluation, minimal impact camping skills, and equipment selection. Three full-day classroom sessions before the trip required. Plan and participate in a ten-day field trip over winter break.

- Students must pay a **\$778 charge**, which will cover the cost for equipment, food, camping, travel and access charges by the second week of class. All payments are made via credit card online at <a href="https://commerce.cashnet.com/NCSUHES">https://commerce.cashnet.com/NCSUHES</a> under the "Outdoor" tab. Note: you may pay for multiple class charges at one time. You may also either create an account or simply continue as a 'guest'.
- A \$200 non-refundable deposit will be due upon registration.
- A **balance of \$578 is due by the second class**. Note: If you drop the class prior to the trip, this balance is non-refundable unless another student can be found to fill your spot in enough time for the student to meet the requirements of the class (i.e. attendance, participation, equipment checkout).

Academic Minors in the Department of Health and Exercise Studies: The Department of Health and Exercise Studies (HES) offers five (5) academic minors including Outdoor Leadership, Coaching Education, Sport Science, Dance and Health. More information about all classes and programs offered within the department can be found at <u>https://hes.dasa.ncsu.edu</u>.

**Health Information Statement**: Physical activities in this class are considered moderate to vigorous and are considered limited contact. The NC State Department of Health and Exercise Studies supports the development and improvement of physical health, while doing so safely. If you have a known medical condition that could be adversely affected by participating in the typical activities of this class, please contact your usual physician for recommendations about how to participate safely or whether it is more appropriate to choose a different Health and Exercise Studies course. If your physician has provided you with recommendations to modify participation in this class, please share those recommendations with the instructor within the first week of class, if possible. If you are not certain whether you have a medical condition that puts you at risk for participation in this class or have a medical condition and cannot access your usual physician in a timely manner for recommendations for safe participation, consider making an appointment at Student Health to discuss your concerns (appointment number is 919.515.7107 or book on-line at healthweb.ncsu.edu).

# GEP Objectives for Courses in the Category of Health and Exercise Studies

Each course in the Health and Exercise Studies category of the General Education Program will provide instruction and guidance that help students to:

- 1. acquire the fundamentals of health-related fitness, encompassing cardio-respiratory and cardiovascular endurance, muscular strength and endurance, muscular flexibility and body composition; and
- 2. apply knowledge of the fundamentals of health-related fitness toward developing, maintaining, and sustaining an active and healthy lifestyle; and
- 3. acquire or enhance the basic motor skills and skill-related competencies, concepts, and strategies used in physical activities and sport; and
- 4. gain a thorough working knowledge, appreciation, and understanding of the spirit and rules, history, safety, and etiquette of physical activities and sport.

# **GEP/Course and Student Learning Outcomes**

By the end of this course, students will be able to:

- 1. Demonstrate the fitness requirements associated with the sport of mountaineering including cardio-respiratory and cardiovascular endurance, muscular strength and endurance, muscular flexibility and body composition.
- 2. Demonstrate alpine camp craft skills associated with mountaineering in a backcountry environment to develop, maintain, and sustain an active and healthy lifestyle.
- 3. Demonstrate safe and efficient navigation with map and compass in winter alpine environments.
- 4. Demonstrate competence in a variety of belay techniques, rappelling, self arrests, climbing techniques and self and partner rescues.
- 5. Identify and define mountaineering terminology.
- 6. Explain the use and care of mountaineering equipment and the importance of appropriate clothing.
- 7. Identify the minimal impact and ethical skills associated with travel in the alpine backcountry.
- 8. Identify the hazards and risks associated with the sport of mountaineering.

# **Grading:**

- Workout and reflection Log- 20%- Students will complete a five workout logs that will include 10one and a half mile runs and five rock climbs. The log will include date, number of activity, and time of activity. Students will also give a brief writeup of assigned readings for discussion with classmates.
- Physical Skills Exam- 40%- Students will be expected to demonstrate their knowledge of skills taught in class by completing a physical skills checklist. The checklist will consist of ten common mountaineering practices that will be introduced during the course. Students will be required to complete all 10 skills before the final field trip day and may elect to check off a skill as soon as it is presented to the class.
- Written Exam- 40%- Students will be expected to demonstrate their understanding of information presented in classroom sessions, workshops, and field trip presentations by completing a comprehensive written exam. Please bring a notebook to class and outing as well as a pencil and pen (remember ink freezes...). The exam will be given when we return to campus.

Late Assignments- Five points will be deducted from the assignment's final grade for first day the assignment is late. An additional two points per day will be deducted off the assignment's final grade for every day thereafter. Assignments will not be accepted one week past the due date.

# Attendance:

Students are expected to attend all classes and to arrive and leave at the scheduled times. The instructor will adhere to the university attendance policy. In case of an excused absence, the student will be allowed

to make up any written work missed within one week of returning to class. Students are responsible for submitting such work and for scheduling make-up exams with the instructor. Note, the attendance policy starts the first day class is held. If you register for the class after the first class, you are still responsible for attendance and information.

See <u>http://policies.ncsu.edu/regulation/reg-02-20-03</u> for more information.

- You must attend all of the classes.
- Anyone texting or using a cell phone during class time will be asked to leave class and will be marked **absent**.
- Students are required to participate in the field trip experience regardless of other commitments, jobs, and course loads. If you do not have time to do so, please consider taking the course at another time.

# **Grading Scale**

Each student has the option of taking the class for a letter grade (+/-), credit only, or audit.

97 - 100 = A+	93 – 96.99 = A	90 – 92.99 = A-
87 – 89.99 = B+	83 - 86.99 = B	80 - 82.99 = B-
77 – 79.99 = C+	73 - 76.99 = C	70 – 72.99 = C-
67 - 69.99 = D+	63 - 66.99 = D	60 - 62.99 = D-
0 - 59.99 = F		

**For Outdoor Leadership Minor students**: You must take the class for a letter grade and must receive a "C-" or better if you are enrolled in the Outdoor Leadership Minor.

**Requirements for Credit Only:** In order to receive a grade of S, students are required to take all exams and quizzes, complete all assignments, and earn a grade of C- or better. Conversion from letter grading to credit only (S/U) grading is subject to university deadlines. Refer to the Registration and Records calendar for deadlines related to grading.

Note: The student is responsible for requesting credit only grading on MyPack Portal by the University deadline. Academic Calendar: <u>https://studentservices.ncsu.edu/calendars/academic/</u>

**Requirements for Auditors:** Audit students must attend all classes except written exams and will be allowed <u>five absences</u> before NR will be recorded as a final grade. For more details refer to: <u>http://policies.ncsu.edu/regulation/reg-02-20-04</u>

## Incomplete Grades: http://policies.ncsu.edu/regulation/reg-02-50-03

Incomplete grades will be assigned only if unavoidable and unforeseen events occur, such as a medical emergency, preventing the student from completing a course requirement before the final grades are submitted. Incompletes must be made up before the end of the next regular semester in which the student is enrolled and in no case may be made up more than 12 months after the end of the semester in which the IN is awarded, unless the teacher or department offering the course is not able to provide the student with an opportunity to make up incomplete work, in which case the period can be extended. Make up work is to be limited to accomplishing the work not completed.

**Online class evaluations** will be available for students to complete during the last 2 weeks of semester. Students will receive an email message directing them to a website where they can login using their Unity

ID and complete evaluations. All evaluations are confidential; instructors will not know how any one student responded to any question, and students will not know the ratings for any instructors. https://oirp.ncsu.edu/classeval/for-students/

**Electronic Hosted Course Components**: Students may be required to disclose personally identifiable information to other students in the course, via electronic tools like email or web postings, where relevant to the course. Examples include online discussions of class topics, and posting of student coursework. All students are expected to respect the privacy of each other by not sharing or using such information outside the course.

# **Communicating technical problems**

If you experience technical problems with this website or Moodle, please contact the Help Desk at 919-513-7094, email the help desk, or visit the Help Desk website at <u>learntech@ncsu.edu</u>.

**General Information Form and Medical Form**: These forms are in your course packet and on the course website. They must be completed and turned into the instructor by the second class meeting. Students will not be able to go on the field trip experiences unless all forms are completed and turned in.

**Equipment**: NCSU will have the following gear available for student use: tent, sleeping bag w/ stuff sac, sleeping pad, stove and fuel, cooking gear, and backpacks. The student is responsible for any equipment checked out in his/her name. **Students must provide all items on the personal** equipment list. Students will be able to use personal gear as long as it gets approved by the instructor prior to the field trip.

Dress: Students are expected to attend class in appropriate attire.

Meeting Area: Classes will meet in the scheduled classroom.

## **General Information:**

1. Academic Integrity: For all written assignments, students will be expected to adhere to the University Honor Code: "I have neither given nor received unauthorized aid on this test or assignment." It is the understanding and expectation of the instructor that the student's signature on any test or assignment means that the student neither given nor received unauthorized aid. Consult the university website:

http://policies.ncsu.edu/policy/pol-11-35-01

- 2. Students with Disabilities: Reasonable accommodations will be made for students with verifiable disabilities. In order to take advantage of available accommodations, students must register with the Disability Resource Office (<u>https://dro.dasa.ncsu.edu/</u>) at Holmes Hall, Suite 304, Campus Box 7509, 919-515-7653. For more information on NC State's policy on working with students with disabilities, please see the Academic Accommodations for Students with Disabilities Regulation (REG02.20.01) <u>https://policies.ncsu.edu/regulation/reg-02-20-01/</u>
- 3. Non-Discrimination Statement: NC State University provides equality of opportunity in education and employment for all students and employees. Accordingly, NC State affirms its commitment to maintain a work environment for all employees and an academic environment for all students that is free from all forms of discrimination. Discrimination based on race, color, religion, creed, sex, national origin, age, disability, veteran status, or sexual orientation is a violation of state and federal law and/or NC State University policy and will not be tolerated. Harassment of any person (either in the form of quid pro quo or creation of a hostile environment) based on race, color, religion, creed, sex, national origin, age, disability, veteran status, or sexual orientation also is a violation of state and federal law and/or NC State University policy and will not be tolerated. Retaliation against any person who complains about discrimination is also prohibited. NC State's policies and regulations covering discrimination, harassment, and retaliation may be accessed at <a href="http://policies.ncsu.edu/policy/pol-04-">http://policies.ncsu.edu/policy/pol-04-</a>

<u>25-05</u> or <u>http://www.ncsu.edu/equal\_op/.</u> Any person who feels that he or she has been the subject of prohibited discrimination, harassment, or retaliation should contact the Office for Institutional Equity and Diversity (OIED) <u>https://oied.ncsu.edu/divweb/equity/</u>.

- 4. Student Ombuds: <u>https://ombuds.dasa.ncsu.edu/</u>
- 5. Due to the nature of the activities in this class, it may be necessary for safety reasons to have some amount of physical contact occur to assist in acquiring the proper form/technique. The students should inform the instructor if they do not want any physical contact to assist in acquiring the proper form/technique.
- 6. Every fitness activity has certain inherent risks, and regardless of precautions taken it is impossible to ensure total safety. Adhere to all safety guidelines to reduce your risk of injury.
- When we leave campus for class, we have the opportunity to use university vehicles for transportation. The university will provide transportation to and from field trip locations via 15passenger van.
- 8. When we are on the field experience, it is a university related function and should be treated as such. Alcohol, tobacco, and drug use are **prohibited** for the duration of this course. Participants who violate these rules are subject to **removal from the course, receive a failing grade, and discuss actions with the NC State University Office of Student Conduct**. Transportation back to NC State University may be at the participant's expense.
- 9. All HES clothing (shorts, t-shirts, and towels) is to be returned by the last day of exams. Students will be charged for clothing not returned. All personal items left in the locker will be disposed of.
- 10. Pets and visitors are not allowed during class periods. Firearms, weapons, and/or fireworks are prohibited from class.
- 11. Cell phone use is prohibited in class.
- 12. HESO 283 Mountaineering may expose you to many risks. Some of the risks which may be present or occur include but are not limited to:
  - the hazards of traveling by foot in rugged terrain in winter conditions;
  - backcountry hazards including loose rocks, falling trees, other obstacles, snow, ice, and river or creek crossings;
  - using map and compass, tents, camping stoves, packs, ice axes, crampons, ropes, harnesses, shovels, and other mountaineering equipment;
  - man-made objects in the area including but not limited to barbed wire, other fences, vehicles, footbridges, building, ruins, and garbage or junk;
  - carrying heavy backpacks and camping equipment;
  - hiking, walking ,or running on rugged terrain, including slippery rocks, snow, ice, or vegetation;
  - injuries inflicted by animals, insects, reptiles, and plants;
  - the forces of nature included but not limited to lightning, harsh winter weather changes, avalanches, wind, frostbite, hypothermia, and sun; .
  - the physical exertion associated with the outdoor activity in winter;
  - traveling in vehicles not driven by me.

# **Tentative Class Schedule**

Students can expect cold and harsh weather and environmental conditions in the Presidential Range during this course; therefore safety judgment in regards to terrain, route, activities, and weather may change and alter the course itinerary.

Class Number	Date	Where	Activity	Readings
1	1/11	The Mountains (1608)	Syllabus, safety, itinerary, intros, equipment checkout form/sizing and 1.5 mile run outside	Pages 1-7

2	1/18	The Mountains (1608)	Heat loss/staying warm, layering, hypothermia/hyperthermia and personal equipment demonstration. Boot check out. Log #1 due.	Pages 7-10
3	1/25	Instructional climbing center 3307	Rock climbing review (belays, prussiks, climbing setup) and practice with gloves on. Issue gloves. Log #2 due.	Pages 11-14, 18
4	2/1	The Mountains (1608)/Garage Bay	Map and compass review, tent setup practice (with gloves). Issue backpacks, sleeping bags and sleeping pads. Log #3 due.	Pages 19-24
5	2/8	The Mountains (1608)/Garage Bay	Stove practice/setup/refuel and check. Log #4 due.	Handouts
6	2/15	The Mountains (1608)/Garage Bay	Duffle/shuffle- Bring in packed packs to review clothing selection and logistics discussion for equipment. Log #5 due.	Pages 4 & 5
	2/22	TBD	No class meeting	
7	3/1	The Mountains (1608)	Travel logistics and expedition behavior, LNT, Pack trailer.	Pages 16 & 17
	3/4	Drive to NH	Leave NC State at 5am sharp!	
8-11	3/5	Tuckerman Ravine	Sleeping warm, thermoregulation, group equipment issue and winter camp	Pages 13-15, 25
12-16	3/6	Tuckerman Ravine	Snow school- ice axe positions and self arrests, avalanche safety with beacons, static rope ascension/rappelling	Pages 27-30, 34- 37
17-18	3/7	Tuckerman Ravine	Alpine garden attempt and practice	Pages 38-40
19-23	3/8	Ice Climb	NE ice grades, ice climbing hazards, vertical ice axe positions, climbing site management and practice	Pages 30-33, 37
23-24	3/9	Ice Climb	Vertical ice practice, anchor construction	Pages 30-33, 37
25	3/10	Nauman Campsites	Snow shelter construction, map and compass review and summit attempt	Pages 41
26-28	3/11	Nauman Campsites	Summit attempt, ice axe review, map and compass review	Pages 19-24, 27- 29
29	3/12	Nauman Campsites	Pack and head to town	
	3/13	Drive to NC	Leave NH at 5am sharp!	
30	3/15		Deissue equipment, debrief and review for exam	
31	3/22	1	Written final exam	

The formal class meetings last 110 minutes each. The class meetings and the required field trip(s) combined will meet the required sixty (60) contact hours for a two-credit Health and Exercise Studies GEP course.

Note: Due to the field trip associated with the class, the written final exam is conducted prior to the exam schedule given by the University.