

Date	10/19/2023 Time: 1:00 - 2:00 9m					
Invitees / Attendance	P	Peggy Domingue	P	Angie Smith	A	David Thuente
	P	Paul Williams	P	Sarah Ash	A	Kim Grainger
	P	Leda Lunardi	P	Gareth Washington	A	Paige Averett
	P	Michael Hyman	P	Erin Seekamp	A	Randall Bechtolt
Action Items from last meeting	<p>The Meeting was called to order in Zoom at 1:05 a.m. with a quorum present.</p> <ol style="list-style-type: none"> <li>1. It was advised that the meeting would be recorded for use in capturing the Minutes and the recording would not be shared publicly.</li> <li>2. The <a href="#">September 12, 2023</a> meeting minutes were approved. Motion to approve by, Dr. Leda Lunardi, seconded by Dr. Paul Williams.</li> </ol>					

Carmichael Gym

- Peggy Domingue did further investigation regarding access to Carmichael Gym for retired faculty members.
- Peggy Dominique met with Eric Hawkes, Executive Director of Wellness and Recreation, Mary Barnhart, Associate Director of Wellness and Recreation and Eliza Kiser, Director for Osher Lifelong Learning Institution/Office for Extension Engagement.
- Eliza Kiser will be speaking to the committee at the next meeting scheduled for Tuesday, November 14, 2023 at 9:00 a.m.
- The investigation resulted in the following information:
  - Free memberships/workouts are not permitted; this is both a university and statewide regulation because their is a liability issue.
  - A suggestion was made that the gym could partner with another internal group on campus.
  - Peggy Domingue spoke to Eliza Kiser (Osher Lifelong Learning Institute) about forming a partnership with Carmichael Gym’s Wellness and Recreation Center.
  - A suggestion was made for those who are interested, to create an event through the Osher Lifelong Learning Institute where individuals can meet at McKimmon Center and utilize the Wolfline buses to avoid parking on campus and be taken to Carmichael Gym.
    - A room would be reserved to meet with no additional charge and the group could discuss membership options as well as take a tour of Carmichael’s facilities.

- This could potentially be done a few times a year (including in the summer).
      - For individuals who are not affiliates of NC State, how would you know if they are still a member?
      - If they do have membership to the gym for a semester, does that mean that they can only get a gym membership per semester?
      - If you are a retired NC State faculty member, you can go to the gym and purchase a membership.
  - Peggy Domingue will continue to work with Osher Lifelong Learning Institute and will share additional information as she receives it.
    - Once the Wellness and Recreation Center partners with the Osher Lifelong Learning Institute, it will start to open up with individuals who are not affiliated with NC State.
      - Peggy Domingue had to go to the Council on Campus to get the request approved for affiliate status to use the gym.
  - Peggy Domingue shared a link to the [Osher Lifelong Learning Institute](#) for the committee to review.
  - Peggy Domingue will talk to Eric Hawkes about the possibility of lower rates for retired faculty.
    - It was mentioned that Parks Recreation and Tourism Management (PRTM) has individuals who are affiliated with supporting senior games.
      - Would it be of interest to poll retired faculty to see how many people would be interested in special classes or programs that are in partnership with McKimmon Center and the Recreation Center to perhaps train for senior games?

## Open Enrollment

- Gareth Washington spoke to the committee regarding open enrollment; Gareth Washington walked the committee through the MyPack Portal to show the different platforms to enrollment.
  - Open enrollment is from October 9th - October 27th, 2023.
  - There are now two platforms for 2024 in which you must enroll.
    - The platform for the State benefits is for medical insurance (listed under: My State Employee Benefits) .
      - If you want to enroll in the 80\20 plan, you must do a Tobacco Attestation to get a premium credit of \$60.00.
      - Make sure you finalize and save your elections.
      - Make sure when finished, you hit the submit button.
      - Wait to receive your confirmation.
    - The platform for the UNC System benefits is for various plans (i.e.- TSERS, ORP, life insurance, disability, dental, vision, etc.) -(listed under: My UNC Benefits).
      - You must enroll in healthcare FSA each year.
      - Make sure you review your beneficiary information.
      - Make sure you finalize and save your elections.
      - Make sure when finished, you hit the submit button.
      - Wait to receive your confirmation.
        - Does the FSA unused balance from the flex spending card of last year (2023), roll over to the new 2024 card?

- You can roll over \$570.00 from enrollment year 2023 to 2024.
- Always use your old roll over amount before using your new card amount.

## Future Discussions

- The link to [Retirement Tips for NC State Faculty](#) is still available for review and if any committee members want to share and add tips for others to be aware of.
- A suggestion was made that for Spring 2024, getting groups together from Life After NC State (Angie Smith), Office of Faculty Senate (Sarah Ash), University Human Resources (Gareth Washington), Osher Lifelong Learning Institute (Eliza Kiser), Association of Retire Faculty (ARF), etc. because the same questions are resurfacing to find out about retirement/phased retirement and life moving forward for those getting ready to retire and those who are not quite ready to retire but are interested in the process; also the benefits of being aware of the different options/plans available and how managing the processes look like; sharing experiences, needs, wants and perspectives.
- Angie Smith and Jay Levine will be hosting a retirement conversation session next month (October 26th) and the goal is to have a session once a month. Angie Smith shared the following link to [Retiring Conversations: A Conversation Group For Faculty](#).
  - A suggestion was made for speakers to come in and talk to the various groups about healthcare insurance and what that looks like in retirement, etc.
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## **Announcement**

Eric Hawkes, Executive Director of Wellness and Recreation will be speaking with the committee.

## **Adjourn**

Motion to adjourn the meeting was made by Dr. Michael Hyman  
The meeting was adjourned at 2:00 p.m.

## **Next Meeting:**

Tuesday, November 14, 2023, 9:00 - 10:00 a.m.