

Date	11/14/2023 Time: 9:00 - 10:00 am					
Invitees / Attendance	P Peggy Domingue	P David Thuente	P Kim Grainger			
	P Paul Williams	P Sarah Ash	P Paige Averett			
	P Leda Lunardi	P Gareth Washington	P Randall Bechtolt			
	P Michael Hyman	P Erin Seekamp	A Angie Smith			
Guests: Eric Hawkes and Eliza Kiser						
Action Items from last meeting	<p>The Meeting was called to order in Zoom at 9:00 a.m. with a quorum present.</p> <ol style="list-style-type: none"> 1. It was advised that the meeting would be recorded for use in capturing the Minutes and the recording would not be shared publicly. 2. The October 19, 2023 meeting minutes were approved. Motion to approve by, Dr. Sarah Ash, seconded by Dr. Leda Lunardi. 					

Carmichael Gym

Eric Hawkes, Executive Director of Wellness and Recreation came to answer questions from the committee.

- The Wellness and Recreation Centers operation is funded primarily through student fees; this is about 80% of operating expenses which is about 5.6 million dollars.
- The Wellness and Recreation Center also has to generate a little more than 20% of their own operating expenses.

Q & A

- Where does the 20% of self generated revenue come from?
 - Through membership fees, alumni memberships, faculty and staff memberships, affiliate memberships, activity fees (i.e.- personal training services, premier specialized fitness classes, etc.), and the aquatic center.
 - The Wellness and Recreation Center is also a host facility for athletics for various camps that work directly with coaches to reserve spaces in Carmichael Gym and the Wellness and Recreation Center.
- Could retired faculty receive a discounted membership rate?

- The way that the Wellness and Recreation Centers operation is set up from a budgetary standpoint and how they receive revenue, discounted rates are not allowed.
- How much is the membership fee?
 - \$300.00 per year for retired faculty, faculty and staff.
 - Can individuals teach classes that are aimed at seasoned adults?
 - How does the Silver Sneakers program fit in with Carmichael Gym?
 - The [Silver Sneakers Program](#) is provided through an individuals health insurance plan. An individual can exercise at home or attend select fitness centers at no cost pending if the fitness center participates in the program.
 - If the fitness center participates in the Silver Sneaker program, they will work directly with the individuals insurance company to get paid for each visit.
 - NC State does not participate in the Silver Sneaker program for several reasons:
 - 1. The process of getting the reimbursement back from the insurance company is challenging.
 - 2. NC State can only allow individuals from NC State or NC State affiliates into their building.
 - Carmichael Gym/ Wellness and Recreation Center cannot sell a membership to individuals in the community that do not have an affiliation with NC State. It is a state law through the Umstead Act.
- How many non-student memberships do you have per year?
 - There are different categories of memberships.
 - Payroll deductions employees that are faculty/staff and household partners is about 1,200.
 - Individuals who want to pay the membership fee straight out (@ \$300 for the year) is about 335.
 - Individuals who pay month to month is about 100.
 - The remaining individuals are temporary employees, centennial affiliates, alumni groups, etc.
 - For the month of October, the total number of non-student members is 2,330.
 - Do you offer joint memberships with other organizations?
 - NC State does not offer joint memberships with other organizations.
 - Are there golf leagues through the Wellness and Recreation Centers.
 - The Wellness and Recreation Center does not offer golf leagues, but [Lonnie Poole Golf Course](#) does.

Osher Lifelong Learning Institute (OLLI)

Eliza Kiser, Director of the Osher Learning Institute came to answer questions from the committee.

- The Osher Lifelong Learning Institute primarily operates out of the McKimmon Center.
- The Osher Lifelong Learning Institute is self supporting and serves adults 50 and older.
- The Osher Lifelong Learning Institute operates on a membership model where individuals who are 50 and older can join the organization for an academic year.
 - The prices can be prorated as the semesters pass; however, if an individual joins, it is \$50 for a yearly membership and that yearly membership gives you access to special interest groups, social events and you have the option of paying for courses that are offered a la carte.
- A quarter of their revenue comes from the membership model, about half comes from revenue that is earned off of registrations for courses, and a quarter comes from the Bernard Osher Foundation Endowment.
- The Osher Lifelong Learning Institute offers non-credit short courses, lectures, study trips and special events for adults who are 50 and older. They have been around since 1991.
 - The focus of this organization is to:
 - Provide opportunities to individuals to embrace the third age/stage of their life.
 - To help shape their retirement into what they want it to be.
 - Provide learning for the love of learning opportunities.
 - Provide opportunities for volunteerism.
 - Providing opportunities for individuals to make new friend groups, get integrated into the community (of NC State and the Triangle Region).
 - The Osher Lifelong Learning Institute serves about 1,200 members on an annual basis; pre-pandemic they were at 1,700.
 - About 20% of the members are alumni and 15% are retired faculty.

Involvement of Faculty

- Faculty have several ways of getting involved in the Osher Lifelong Learning Institute:
 - All of their instructors for their courses are volunteers (there were about 200 volunteers last year).
 - About 25% were either active or retired faculty members of NC State.
 - 1st year membership for retired faculty members is free.

Q & A

- How large are the class sizes and how frequent?
 - A typical classroom format would be a 90 minute session in the classroom (that can depend on what the instructor's interest is in or what the instructor recommends). That can range from 1-6 sessions. Every once in a while; the sessions could go up to 8; but that is not typical.
 - Typical classroom size is about 25-50 depending on the subject matter.

- Can retired faculty have early access to enrollment for courses ahead of the general public?
 - The Lifelong Learning Institute is in their strategic planning process and is looking into giving member incentives and rewards (especially their instructors/volunteers). They will have a more concrete decision by Fall 2024.
- What do you do if you are interested in teaching a class?
 - Kim Little is the Assistant Director who handles the instructional programs.
 - Eliza Kiser will send the information to Peggy Domingue to send out to the committee if they are interested in teaching a class.
 - Is there a way to track individuals who try to register, but the classes are full to see how many individuals were interested in a particular class?
 - There is a waitlist that is provided. It depends on who puts their name on the waitlist.
 - Since instructors are teaching on a voluntary basis, they do get credit to take another class of an equal link to whatever they offered.
 - A suggestion was made to have a package/booklet for retired faculty members to help them stay engaged in the university.
- How can the committee find out about events at ARF (Association of Retired Faculty)?
 - The link to [Association of Retired Faculty](#) was shared.

Announcement

- The committee will not meet in December. We will reconvene in January.
- Please email future discussions/topics to Peggy Domingue (i.e.- putting together a booklet for retired faculty members that can be routed to Dr. Kim Grainger) to involve/engage retired faculty members before they retire.

Next Meeting:

Thursday, January 18, 2023, 9:00 - 10:00 a.m.