NC State Council on Athletics Friday, October 28, 2022 – Talley 3222 12:00 pm

Attendees:

Joel Pawlak - Faculty, Forest Biomaterials (Chair - Council on Athletics) Jeremiah Feducia – Faculty, Chemistry Keith Edmisten - Faculty, Crop & Soil Sciences Christopher DePerro - Faculty, Forestry & Environmental Resources Kimberly Bush - Faculty, Parks, Recreation & Tourism Mgt Jason Osborne - Faculty, Statistics Marion Martin - Faculty, College of Sciences Lynsey Romo - Faculty, College of Humanities & Social Sciences Kanton Reynolds - Faculty, College of Engineering Shawn Troxler - General Counsel Sara Simpson - Student, College of Agriculture and Life Sciences Grant Johnston - Alumni Association Ricky Etheridge - Alumni Association Boo Corrigan, Director of Athletics David Elrod - Office for Inst. Equity & Diversity Buzzy Correll - SAAR, Wolfpack Club Wendy Crumpler - SAAR, NC State Student Aid Association

Guest Attendees:

Kelcie Famer, Carrie Doyle, Raymond Harrison, Katie Walston, Virginia Blake (Athletics Administration), David Elrod (OIED Substitute), Meredith Robinson (Guest Student-Athlete), Luka Slabe (Guest Head Coach)

Unable to Attend:

Katie Graham, Tara Mullins, Cynthia Zuckerman Hyman, Cathy Crossland, Christopher Roland, Jaiden Thomas

- 1. <u>Welcome</u>. Dr. Joel Pawlak welcomed the group and called the meeting to order at 12:05 pm. Meeting was held on Zoom due to adverse weather conditions.
- 2. <u>Previous Minutes</u>. The minutes of the September 30 meeting were reviewed.

It was MOVED to:

"Approve the minutes of the September 30, 2022 Council on Athletics meeting." (APPROVED - Unanimously)

3. <u>Guest Student-Athlete.</u> Meredith Robinson is on the Women's Gymnastics team and is a threetime EAGL honoree. She is a graduate student in Physiology. Meredith is looking to attend medical school and opted to use her fifth year coming out of COVID to experience a full season and continue doing the sport she loves. Her love for gymnastics has grown exponentially since coming to State due to the coaches and support staff. There is a lot of emphasis on the family dynamics of athletics and being friends with student-athletes in other sports. Meredith is involved in student organizations that have made the experience at State that much better. As a studentathlete, there is a platform to be a leader and the opportunity to help other people. Being an athlete at a very young age it all she has known, and she spoke about the transferable skills of being a student-athlete into the workforce. Having those skills, it's still hard to see how that translates into life after college and losing the identity of being a student-athlete. She is excited for Gymnastics to be a part of the ACC Championships, and she hopes it will take the sport to the next level.

- 4. <u>Guest Head Coach.</u> Luka Slabe has been the head coach for Women's Volleyball since 2020. Before, Luka was with USA Volleyball and helped the American team win a gold medal at the 2020 Tokyo Olympics. Providing consistent, supportive messaging to the team and building relationships are important to the coaching staff. The coaches work with the team to build resilience and learn to love all of themselves. COVID was difficult to get through, and preparing student-athletes to transition into the world is a mind shift. The upcoming wellness day reminds the student-athletes to take care of themselves emotionally, physically, and mentally. The team is encouraged to journal and write about as much as possible. The team is looking to increase engagement with alums and be proactive about getting alums in front of the team.
- 5. <u>Athletics Department Update</u>. ACC Cross Country Championships were today. Men placed 8th, and Women placed 1st, winning the ACC Championship for the seventh straight year.

Boo discussed how Pack United was formed and the purpose of the student organization in supporting the community, dealing with food insecurity, and giving back. The department will start sending out a two-question survey to student-athletes as a check-in by text. There is a place to add comments or say you need help. It's a small step the department can take to check in on our students and how they are doing. The mental and emotional strain that our students, coaches, and staff are under cannot be ignored; finding the balance between work and rest is a struggle for everyone.

Dan Bellamy has been hired as the Associate Athletic Director in Sports Medicine. Jonathan Tanguay has been hired as the Assistant Athletics Director for Nutrition, and we are in the process of hiring for a vacant Nutrition position.

Boo briefly discussed his role as the College Football Playoff Committee chairman and his commitment to the committee for the next six weeks.

- 6. <u>NCAA Transfer Rules</u>. Carrie provided a <u>handout</u> and discussed transfer changes. For years, the rule has been student-athletes from most sports who can transfer to another institution once and cannot play for one year. In April 2021, the NCAA changed the rule to allow all student-athletes in all sports to transfer once and play immediately. The NCAA educates student-athletes regarding transfers in an eight-minute video that must be viewed before they enter the portal. In addition, in July 2021, the NCAA implemented its new Name, Image, and Likeness (NIL) interim policy.
- 7. <u>Student-Athlete Development.</u> Raymond discussed the student-athlete experience and the culture we are trying to build. There is no one person or entity; it is truly a village approach where many people work together to support our student-athletes. They are always at the center of all we do. Athletics is taking a holistic and integrative approach to everything we do, and the student-athletes know we care. Athletics wants to hone in on the transferable skills to help them

understand in real time what they've already accomplished and what they are accumulating daily that will put them in the best position to be successful after school in their careers. Engaging student-athletes by providing various experiences; one example this year is providing food trucks, music, and games and inviting all teams to come, eat, and play with no expectations. Finding leaders is the biggest challenge; pairing current leaders with aspiring leaders. Council can be involved and provide support by getting engaged and in front of the students and being consistent in whatever you do.

- 8. <u>Sub-Committee Updates</u>.
 - Faculty Academic Committee Nothing to report; email coming soon about upcoming meetings
 - Student-Athlete Health and Wellness sub-committee Meeting is being scheduled for November for progress reporting
 - Legislative meeting next Thursday with Carrie Doyle to discuss transfer changes
- 9. <u>SAAC Updates</u>. No updates
- 10. Other Business. None
- 11. Next Meeting. Friday, December 9, 2022
- 12. Adjournment. Having no further business, the meeting was adjourned at approximately 1:50pm.

Respectfully submitted by Katie Walston