

NC State Council on Athletics
Friday, September 30, 2022 – Zoom
12:00 pm

Attendees:

Joel Pawlak – Faculty, Forest Biomaterials (*Chair – Council on Athletics*)
Jeremiah Feducia – Faculty, Chemistry
Keith Edmisten - Faculty, Crop & Soil Sciences
Cynthia Zuckerman Hyman - Faculty, Communication
Christopher DePerro - Faculty, Forestry & Environmental Resources
Cathy Crossland - Faculty, TELS
Kimberly Bush - Faculty, Parks, Recreation & Tourism Mgt
Jason Osborne - Faculty, Statistics
Marion Martin - Faculty, College of Sciences
Christopher Roland - Faculty, Faculty Senate
Lynsey Romo - Faculty, College of Humanities & Social Sciences
Sara Simpson - Student, College of Agriculture and Life Sciences
Jaiden Thomas - Student-Athlete, Women's Soccer
Grant Johnston - Alumni Association
Ricky Etheridge - Alumni Association

Guest Attendees:

Stephanie Menio, Michelle Lee, Colin Hargis, Beverly Armwood, Steve Shults, Raymond Harrison, Katie Walston (Athletics Administration), David Elrod (OIED Substitute), Josh Brockman (Guest Student-Athlete), Elliott Avent (Guest Head Coach)

Unable to Attend:

Boo Corrigan, Katie Graham, Shawn Troxler, Sheri Schwab, Buzzy Correll, Wendy Crumpler, Kanton Reynolds, Tara Mullins

1. Welcome. Dr. Joel Pawlak welcomed the group and called the meeting to order at 12:02 pm. Meeting was held on Zoom due to adverse weather conditions.
2. Previous Minutes. The minutes of the August 26 meeting were reviewed.

It was MOVED to:

“Approve the minutes of the August 26, 2022 Council on Athletics meeting”
(*APPROVED - Unanimously*)

3. Guest Head Coach. Elliott Avent with Baseball attended the meeting. Elliott is heading into 26th season. Out of 25 seasons he has taken the team to the NCAA tournament 19 times. The team this year has 21 new players with 14 of them incoming freshmen. It is a great group of kids and have a lot of work to get ready for the season. Spending a lot of time together and the players are bonding and really care about each other. Shout out to the Academic Support Program for Student Athletes (ASPSA). Jenny Womack is the advisor for the team and she is one of the best academic coordinators the team has had. Katie Graham does a great job overseeing academics for the student-athletes and ASPSA does a great job working with the student-athletes and making sure they show up. An announcement was made regarding upgrades to Doak Field. A ground breaking

ceremony is planned for October 7th. New lights have already been installed. Phase one will include a new field and scoreboard. All work should be completed by January in time for the first game of the season.

4. Guest Student-Athlete. Josh Brockman is a senior on Men's Track and Field team and is a hurdling specialist, set the school record for the 110-meter hurdles at the US Track and Field Championships, and he's had a total of nine top-ten finishes last season. Started with the Summer Start program in the summer of 2019, majoring in Business Administration with a concentration in Finance. Chose NC State because it was a well established program and the location was close his family in Charlotte. One of the hardest things about being a student-athlete is time management; coaches and advisors do a great job encouraging everyone to do well but ultimately it's up to the student to figure it out and get into a rhythm. Finding that rhythm and developing skills while in college helps transition to life after college and State does a good job of preparing students. Looking forward to the day to bring his children on campus and show them all of the special places and share the memories of being on campus. COVID really helped put things in perspective to enjoy the time now and to enjoy the time on campus and make the most of things, even the tough situations.
5. Athletics Department Update. Assessing weather conditions for the Clemson football game on Saturday, team still planning to travel and play at scheduled time.
 - Primetime with the Pack is scheduled Thursday, October 13
 - Pack United Week was September 11-17
 - BRAVE workshop September 19-20 - immersive, experiential training opportunity for all of our Women Student-Athletes

Football

- The 10th-ranked Wolfpack will compete in the first battle of top 10 teams in school history when it travels to No. 5 Clemson this week. It's the first time NC State has ranked in the top 10 since 2002.
- NC State is 4-0 and boasts the top scoring defense in the ACC.
- Announced a sellout against Florida State next week - still waiting on game time

Cross Country

- Started their seasons two weeks ago with resounding victories at the Adidas Cross Country Challenge. The women dominated their race, finishing 1st, 2nd, 3rd, 5th and 6th despite not having their top two runners compete.
- The reigning National Champion women's team is ranked #1 in the country while the men are ranked fourth in the Southeast Region.
- First real test today was today in South Bend. Women won. Katelyn Touhy came in first. We had 4 in the top 15.
- Men finished 9th with Ian Shanklin finishing in the top 10. Really solid start for the men this year.
- NCDOT installing five signs around the Triangle as National Champions

Volleyball

- 7-6 overall, 1-1 ACC
- Had a big win at Virginia to open ACC play with a 3-2 win

- Home matches this weekend - Florida State tonight and Miami on Sunday

Women's Soccer

- Ranked No. 19 in the RPI
- NC State opened ACC play with a 2-1 comeback victory over Wake Forest on Sept. 18. Jameese Joseph scored the game-winner for her team-high third game-winning goal this season.
- Dropped two in the middle to Virginia Tech and Duke, but had a huge win last night against Clemson 2-1

Men's Soccer

- Playing six of its last nine matches of the season at home
- Currently 1-2 in the ACC and playing right now against Louisville

6. Student-Athlete Time Management. Presentation by Joel. Video shared ahead of meeting: [Day in the Life: D1 Athlete vs Student](#). NCAA has put a lot of energy around time management and has different types of classification One of those is countable athletically related activities or CARA. CARA is an activity with an athletics purpose that involves student-athletes and is at the direction of any coach. The activities must be counted toward a student-athletes's daily and weekly limitations. There is complexity that goes into tracking and monitoring the countable and non-countable hours for student-athletes. NCAA put into place a time management plan (TMP) to create a more balanced athletic, academic, and social experience. An example of football's schedule shows the structure of how time is scheduled and how organized the coaching staff has to be. This has to be done for all of the teams both in season and out of season to ensure they are meeting their requirements. These schedules are set in one month intervals so the student-athletes know what their obligations are going to be. NC State uses ARMS, a software program, that puts the time management planning process into a workflow, where students have input into the process. Each school conducts an annual review of each sports time management plan. As the FAR, Joel surveys the student-athletes for different sports, in season and out of season, to see if we have carried out the time management plan and presents the findings to the Chancellor.
7. Sub-Committee Updates. Sub-committees have been assigned
 - Faculty Academic Committee - Kyle Fiala provided an update to the committee about the internship program in Athletics. This program was created by faculty, a few years ago, as they recognized a need and a more formal process for tracking and gives students an opportunity to identify and take part of internships within Athletics. Katie Graham provided an overview of the ASPSA program. For the upcoming year the committee will be working with ASPSA and providing feedback to members of the staff on a comprehensive review of the tutoring program.
 - Student-Athlete Health and Wellness sub-committee - No update
8. SAAC Updates. Jaiden Thomas, Women's Soccer. SAAC agreed to keep the Campus and Community subcommittee. Moving forward with the theme of getting student-athletes involved. Planning a movie night late October with a pumpkin carving competition. Looking for volunteer opportunities and will focus on working with elementary schools. In November planning for QPR

(Question. Persuade. Refer) training for all members and invite other student-athletes to attend.
Next meeting is scheduled for October 16.

9. Other Business. None

10. Next Meeting. Friday, October 28, 2022

11. Adjournment. Having no further business, the meeting was adjourned at approximately 1:36pm.

Respectfully submitted by Katie Walston